



HM Revenue & Customs

Mr S Gray
Abs For Life Gym & No Guilt Café Limited
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Date 11 August 2017
Our ref WMBC/IUR/S0970/93533 01041/SCEC
Your ref

Dear Mr Gray

Abs For Life Gym & No Guilt Café Limited

Seed Enterprise Investment Scheme – Advance Assurance

Thank you for the company's application of 4 July 2017 and the additional information supplied on 8 August 2017.

I am pleased to confirm that, on the basis of the information you have supplied, I would be able to authorise the company to issue certificates under Section 257EC(1) ITA 2007 in respect of Ordinary Shares issued to individuals, following receipt of a properly completed form SEIS1.

Please note that:

- Responsibility for the accuracy of the information supplied and considered by me rests wholly with the company.
- This provisional assurance is based solely on the information supplied in and with the clearance application and will not apply in circumstances that vary from those described. You are advised to forward particulars of any proposed changes, or the draft of any shareholders subscription, investment or similar agreement, for further clearance before the issue of shares.
- This clearance does not guarantee the availability of any form of relief under the Seed Enterprise Investment Scheme to any particular subscriber.

Yours sincerely

Caryl Thompson
H M Inspector of Taxes

Information is available in large print, audio and Braille formats.
Text Relay service prefix number – 18001



Business Unit Head: Andrew Gibson